

Richmond Metro Aquatic League

2023 Volunteer Training Sessions



Meet Manager Training

- All Meet Manager volunteers must attend one training session.
- Training sessions are working demonstrations. **Meet Manager volunteers must view the online training video PRIOR to attending a demonstration session.** Video linked here: <https://www.youtube.com/watch?v=nRPSC1EWIZO>
- Volunteers should also review the guides linked here under Meet Manager and Dolphin Timing System: <https://www.swimrmal.org/meet-manager>
- Meet Manager volunteers should bring their team laptop to their training session.

Meet Manager Trainings

May 20 Sat 10am-12pm at Brighton Green Clubhouse

May 25 Thu 7-9pm at Brighton Green Clubhouse

Sign-up: [RMAL Volunteer Training Sign-up](#)

Strokes & Turns/Starter/Referee

- All Strokes & Turns, Starter, and Referee volunteers should attend one training session.
- Training sessions are working demonstrations. **Volunteers must view the online training videos PRIOR to attending a demonstration session.**
- Stroke and Turn volunteers should review the stroke rules.
- Starter should review the starter training manual.
- Referees should review the strokes rules, the starter, and referee training manuals.

Video and Training material is linked here: <https://www.swimrmal.org/officials>

Strokes and Turns/Starter Training

May 20 Sat 1-3pm - ACAC

May 23 Tue 7-9pm - YMCA Midlothian

May 25 Thu 7-9pm - Bon Air

May 27 Sat 10am-12pm - ACAC

May 30 Tue 7-9pm – Brighton Green Clubhouse

June 1 Thu 7-9pm - Bon Air

Referee Training

May 23 Tue 7-10pm - YMCA Midlothian

May 25 Thu 7-10pm - Bon Air

May 27 Sat 10am-1pm - ACAC

May 30 Tue 7-10pm – Brighton Green Clubhouse

June 1 Thu 7-10pm - Bon Air

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